

# F-18 Nordic and Norwegian Championships 9-11 September 2011



## SAILING INSTRUCTIONS

**Organizing Authority:  
Moss Seilforening  
PO box 1011 Jeløy, Moss, Norway**

### **1. RULES**

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2. The rules for Norwegian Championships will apply.
- 1.3. The rules for Nordic Championships, including the prescriptions of the Scandinavian Sailing Federation, will apply.
- 1.4. The F18 class rules will apply, as amended per the Self Declaration form in Attachment B of the Sailing Instructions.

### **2. NOTICES TO COMPETITORS**

Notices to competitors will be posted on the official notice board located near the race office.

### **3. CHANGES IN SAILING INSTRUCTIONS**

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2100 on the day before it will take effect.

### **4. SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be displayed on the signal mast near the race office.
- 4.2. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 1 hour' in the race signal AP.

## **5. BOATS AND EQUIPMENT**

In the event of damage, boats and equipment may only be substituted with the written permission of the protest committee. If the damage occurs later than 90 minutes before the first scheduled start on a racing day and before the start of the last race of the day, provisional verbal permission shall be obtained from the protest committee and the written permission of the protest committee shall be applied for before the end of Protest Time at the end of the day in which the substitution takes place.

## **6. FORMAT OF RACING**

The regatta will consist of a single series.

## **7. SCHEDULE OF RACES**

7.1. A total of 12 races have been scheduled, with no more than five races to be sailed on any single day.

7.2. The scheduled time for the first warning signal for the first race:

Friday	September 9, 2011:	1300
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Saturday	September 10, 2011:	1100
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Sunday	September 11, 2011:	1100
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7.3. The warning signal for the start of the second and subsequent race(s) each day will be made as soon as practicable after the finish of the last boat in the previous race.

7.4. On the last day of the regatta, no warning signal for will be made after 1500, provided the minimum number of races for a valid Norwegian Championship has been completed.

7.5. On the last day of the regatta, no warning signal for will be made after 1600.

## **8. CLASS FLAGS**

The class flag will be flag F.

## **9. RACING AREAS**

The racing area will be located south of Jeløy, Moss.

## **10. THE COURSES**

10.1. The diagram in Attachment A, shows the courses, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

10.2. Before the warning signal, the race committee will display course signals on board the starting vessel as follows:

Numeral pennant 1 - Single loop

Numeral pennant 2 – Two loops

Numeral pennant 3 – Three loops

10.3. When one of the gate marks is missing, the remaining mark shall be rounded to port.

## **11. MARKS**

- 11.1. Marks 1, 2 and 3 will be red, inflatable buoys.
- 11.2. Mark 1a (offset mark) will be an orange, ball-shaped buoy.
- 11.3. New marks, as provided in instruction 13.2 will be yellow, inflatable buoys.
- 11.4. The starting marks will be a red flag buoy at the port end of the starting line, and the race committee signal vessel at the starboard end.
- 11.5. The finishing marks will be a blue flag buoy at the starboard end of the finishing line, and the race committee signal vessel at the port end. The blue flag buoy will be dropped in appropriate position after each start, and removed before the warning signal of the following race.

## **12. THE START**

- 12.1. The starting line will be between a staff displaying a green flag on the starting mark at the starboard-end and the course side of the port-end starting mark.
- 12.2. A boat starting later than 4 minutes after her starting signal will be scored DNS without a hearing. This changes RRS rules A.4 and A.5

## **13. CHANGE OF THE NEXT LEG OF THE COURSE**

- 13.1. To change the next leg of the course, the race committee will move the original mark (or the finishing line) to a new position.
- 13.2. When it is not possible to change the position of the original marks, the course may be reset using one or more new marks. When new marks are already in use, the course may be reset using original marks.
- 13.3. When Mark 1 has been moved or replaced during a race, there will be no offset mark (Mark 1a).

## **14. ABANDONING A RACE**

The race committee may abandon the race under rule 32.1 because of a major wind shift or irregular winds. Action or no action by the race committee under this instruction will not be grounds for redress. This changes rule 62.1(a).

## **15. THE FINISH**

The finishing line will be between a staff displaying a green flag on the finishing mark at the port-end and the course side of the starboard-end finishing mark.

## **16. TIME LIMIT AND TARGET TIMES**

- 16.1. The length of the course will be set for a target time of 45 minutes. Failure to meet the target time will not be grounds for redress. This changes rule 62.1(a).
- 16.2. Boats failing to finish within 20 minutes after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes rules 35, A.4 and A.5.

## **17. PENALTY SYSTEM**

Rule 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.

## **18. PROTESTS**

- 18.1. Protests shall be written on forms available at the race office and delivered there within the protest time which will be 60 minutes after the finish of the last boat in the last race of the day. The protest time limit will be posted on the official notice board.
- 18.2. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room at the club house.
- 18.3. Notices of protests by the race committee or protest committee will be posted to inform boats under rule 61.1(b).
- 18.5. Breaches of instructions 20 and 23, shall not be grounds for a protest by a boat. This changes rule 60.1(a). For these breaches, the protest committee may apply another penalty in place of disqualification. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI.
- 18.6. On the last scheduled day of racing, a request for reopening a hearing shall be delivered
  - (a) within the protest time limit if the requesting party was informed of the decision on the previous day;
  - (b) no later than 15 minutes after the requesting party was informed of the decision on that day;
  - (c) no later than 15 minutes after a signal to abandon racing is displayed ashore. This changes rule 66.
- 18.7. On the last scheduled day of racing a request for redress from a protest committee decision shall be delivered no later than 15 minutes after the decision was posted. This changes rule 62.2(a).

## **19. SCORING**

- 19.1. 3 races are required to be completed to constitute a Nordic Championship.
- 19.2. 4 races are required to be completed to constitute a Norwegian Championship.
  - (a) When fewer than 4 races have been completed, a boat's regatta score will be the total of her race scores.
  - (b) from 4 to 7 races have been completed, a boat's regatta score will be the total of her race scores excluding her worst score.
  - (c) When 8 or more races have been completed, a boat's regatta score will be the total of her race scores excluding her two worst scores.

## **20. SAFETY**

- 20.1. When boats are leaving harbour, a committee boat may be stationed close to the harbour entrance. When boats are returning to harbour from the racing area, a committee boat may be stationed close to a yellow buoy which may be laid on the eastern side of the ferry fairway opposite the harbour entrance.

When the committee boat displays a red signal, no boat shall cross the ferry fairway. After leaving harbour to sail to the course area, boats shall cross the ferry fairway then leave the yellow buoy to starboard. Boats shall then proceed to the racing area without re-entering the ferry fairway. When returning to harbour, boats shall leave the yellow buoy to port before crossing the ferry fairway.

Boats shall cross the ferry fairway by the shortest route sailing as fast as possible
- 20.2. Competitors shall wear personal flotation devices at all times when afloat, except briefly while changing or adjusting clothing or personal equipment. Wet suits and dry

suits are not personal flotation devices. This changes rule 40.

- 20.3. Competitors who require assistance from rescue boats should wave one arm with hand open. If no assistance is required, the arm should be waved with fist closed.
- 20.4. A boat that retires from a race shall notify the race committee as soon as possible.

## **21. EQUIPMENT AND MEASUREMENT CHECKS**

A boat and equipment may be inspected at any time for compliance with the class rules, wet clothing rules and self declaration form.

## **22. OFFICIAL BOATS**

Each race committee boat may display a pink flag.

## **23. TEAM AND SUPPORT BOATS**

Team and support boats shall not be in the racing area during the period between the first warning signal of the first fleet in a race and the finish of the last boat in the last fleet in that race except when a postponement is signalled, in which case they may be in the racing area until the first signal after the end of the postponement.

This instruction will not apply to rescue operations.

## **24. PRIZES**

Prizes will be awarded in the following categories:

The Scandinavian Sailing Federation's gold, silver and bronze medals to the winners of the F18 Nordic championships.

The Norwegian Sailing Federation's gold, silver and bronze medals to the winners of the F18 Norwegian championships.

Moss Seilforening's crystal glasses awarded to the best ¼ over all

## **25. LIABILITY**

Moss Seilforening, their officers, members and volunteers do not accept liability for loss of life or property, personal injury or damage caused by or arising out of this Regatta, and competitors take part in the Regatta entirely at their own risk. The establishment of the

Notice of Race and the Sailing Instructions in no way limits or reduces the complete and unlimited responsibilities of a competitor being solely and entirely responsible for the management of a boat he or she is sailing. A competitor must be of good health and a competent sailor capable of sailing an F18 in strong winds. It is the responsibility of each sailor to decide to participate in a race or to continue racing.

## **26. RIGHTS TO USE NAME AND LIKENESS**

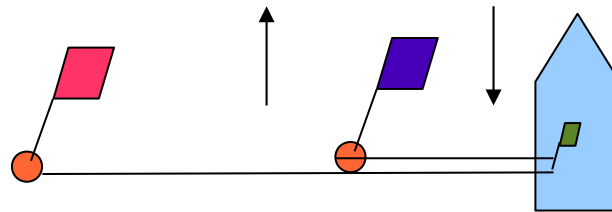
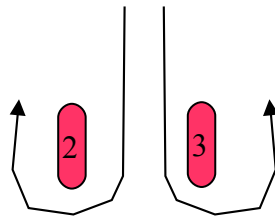
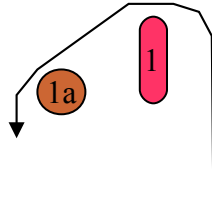
By participating in this event, competitors automatically grant to the organizing authority and the event sponsors the right, in perpetuity, to make, use, and show, at their discretion, any photography, audio and video recordings, and other reproductions of them made at the venue or on the water from the time of their arrival at the venue, until their final departure, without compensation.

## **27. INSURANCE**

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of 1.000.000 €, or the equivalent.

## Attachment A

- 1 Single loop: Start- 1-1a- Finish
- 2 Two loops: Start – 1- 1a- (2 or 3) – 1- 1a- Finish
- 3 Three loops: Start – 1- 1a- (2 or 3) –1- 1a- (2 or 3) - 1- 1a- Finish



## Attachment B

# Norwegian and Nordic Championships, F18 Moss 9 -11 September 2011 Self declaration form

Sail number: \_\_\_\_\_

Crew 1: \_\_\_\_\_

Crew 2: \_\_\_\_\_

	I confirm:
The boat has a valid 3rd party insurance as required in the Sailing Instructions	
The boat complies with international F18 class rules. (Compliance with class rule rule §C.5.1 (a) (2)(Magnetic Compass) is not required.)	
The boat has a righting line on board with a minimum of 4 meters length and a minimum of 10 mm diameter	
The boat has a towing line on board, a floating line with a minimum of 12 meters length and a minimum of 6 mm diameter.	
The boat is equipped with corrector weights according to the measurement certificate for the boat, _____ kg	
The boat is equipped with corrector weights and correct sails according to class rule §C.3.2 <b>Crew weight: _____ kg    Corrector weight: _____ kg</b>	

I confirm that the boat and crew are bound by the rules that govern this event and that the boat and crew will compete at their own risk.

Date \_\_\_\_\_

Sign \_\_\_\_\_