

## Gundermetode tabell for baneseilas 2016

Starttidspunkt	Timer	Minutter	Starttidsp
Lavest måltall	0	0	Lavest m:
Distanse nautiske mil		0,847	Distanse
		1,600	

LYS-tall	2 -4 m/s			4 - 6 m/s			6 - 8 m/s			8 - 12 m/s		LYS-tall
	tt	mm	ss	tt	mm	ss	tt	mm	ss	tt	mm	
0,847	0	0	0	0	0	0	0	0	0	0	0	0,847
0,848	0	0	2	0	0	2	0	0	2	0	0	0,848
0,849	0	0	5	0	0	4	0	0	3	0	0	0,849
0,850	0	0	7	0	0	5	0	0	5	0	0	0,850
0,851	0	0	10	0	0	7	0	0	6	0	0	0,851
0,852	0	0	12	0	0	9	0	0	8	0	0	0,852
0,853	0	0	15	0	0	11	0	0	9	0	0	0,853
0,854	0	0	17	0	0	12	0	0	11	0	0	0,854
0,855	0	0	20	0	0	14	0	0	12	0	0	0,855
0,856	0	0	22	0	0	16	0	0	14	0	0	0,856
0,857	0	0	25	0	0	18	0	0	15	0	0	0,857
0,858	0	0	27	0	0	19	0	0	17	0	0	0,858
0,859	0	0	30	0	0	21	0	0	19	0	0	0,859
0,860	0	0	32	0	0	23	0	0	20	0	0	0,860
0,861	0	0	34	0	0	25	0	0	22	0	0	0,861
0,862	0	0	37	0	0	26	0	0	23	0	0	0,862
0,863	0	0	39	0	0	28	0	0	25	0	0	0,863
0,864	0	0	42	0	0	30	0	0	26	0	0	0,864
0,865	0	0	44	0	0	31	0	0	28	0	0	0,865
0,866	0	0	46	0	0	33	0	0	29	0	0	0,866
0,867	0	0	49	0	0	35	0	0	31	0	0	0,867
0,868	0	0	51	0	0	37	0	0	32	0	0	0,868
0,869	0	0	54	0	0	38	0	0	34	0	0	0,869
0,870	0	0	56	0	0	40	0	0	35	0	0	0,870
0,871	0	0	58	0	0	42	0	0	37	0	0	0,871
0,872	0	1	1	0	0	43	0	0	38	0	0	0,872
0,873	0	1	3	0	0	45	0	0	40	0	0	0,873
0,874	0	1	5	0	0	47	0	0	41	0	0	0,874
0,875	0	1	8	0	0	48	0	0	42	0	0	0,875
0,876	0	1	10	0	0	50	0	0	44	0	0	0,876
0,877	0	1	12	0	0	52	0	0	45	0	0	0,877

LYS-tall	2 -4 m/s			4 - 6 m/s			6 - 8 m/s			8 - 12 m/s		LYS-tall
	tt	mm	ss	tt	mm	ss	tt	mm	ss	tt	mm	
0,878	0	1	15	0	0	53	0	0	47	0	0	0,878
0,879	0	1	17	0	0	55	0	0	48	0	0	0,879
0,880	0	1	19	0	0	57	0	0	50	0	0	0,880
0,881	0	1	22	0	0	58	0	0	51	0	0	0,881
0,882	0	1	24	0	0	60	0	0	53	0	0	0,882
0,883	0	1	26	0	1	2	0	0	54	0	0	0,883
0,884	0	1	29	0	1	3	0	0	56	0	0	0,884
0,885	0	1	31	0	1	5	0	0	57	0	0	0,885
0,886	0	1	33	0	1	7	0	0	58	0	0	0,886
0,887	0	1	35	0	1	8	0	0	60	0	0	0,887
0,888	0	1	38	0	1	10	0	1	1	0	0	0,888
0,889	0	1	40	0	1	11	0	1	3	0	0	0,889
0,890	0	1	42	0	1	13	0	1	4	0	0	0,890
0,891	0	1	44	0	1	15	0	1	6	0	0	0,891
0,892	0	1	47	0	1	16	0	1	7	0	1	0,892
0,893	0	1	49	0	1	18	0	1	8	0	1	0,893
0,894	0	1	51	0	1	19	0	1	10	0	1	0,894
0,895	0	1	53	0	1	21	0	1	11	0	1	0,895
0,896	0	1	56	0	1	23	0	1	13	0	1	0,896
0,897	0	1	58	0	1	24	0	1	14	0	1	0,897
0,898	0	2	0	0	1	26	0	1	15	0	1	0,898
0,899	0	2	2	0	1	27	0	1	17	0	1	0,899
0,900	0	2	5	0	1	29	0	1	18	0	1	0,900
0,901	0	2	7	0	1	31	0	1	20	0	1	0,901
0,902	0	2	9	0	1	32	0	1	21	0	1	0,902
0,903	0	2	11	0	1	34	0	1	22	0	1	0,903
0,904	0	2	13	0	1	35	0	1	24	0	1	0,904
0,905	0	2	16	0	1	37	0	1	25	0	1	0,905
0,906	0	2	18	0	1	38	0	1	26	0	1	0,906
0,907	0	2	20	0	1	40	0	1	28	0	1	0,907
0,908	0	2	22	0	1	42	0	1	29	0	1	0,908
0,909	0	2	24	0	1	43	0	1	31	0	1	0,909
0,910	0	2	26	0	1	45	0	1	32	0	1	0,910
0,911	0	2	29	0	1	46	0	1	33	0	1	0,911
0,912	0	2	31	0	1	48	0	1	35	0	1	0,912
0,913	0	2	33	0	1	49	0	1	36	0	1	0,913
0,914	0	2	35	0	1	51	0	1	37	0	1	0,914

LYS-tall	2 -4 m/s			4 - 6 m/s			6 - 8 m/s			8 - 12 m/s		LYS-tall
	tt	mm	ss	tt	mm	ss	tt	mm	ss	tt	mm	
0,915	0	2	37	0	1	52	0	1	39	0	1	0,915
0,916	0	2	39	0	1	54	0	1	40	0	1	0,916
0,917	0	2	42	0	1	55	0	1	41	0	1	0,917
0,918	0	2	44	0	1	57	0	1	43	0	1	0,918
0,919	0	2	46	0	1	58	0	1	44	0	1	0,919
0,920	0	2	48	0	1	60	0	1	45	0	1	0,920
0,921	0	2	50	0	2	1	0	1	47	0	1	0,921
0,922	0	2	52	0	2	3	0	1	48	0	1	0,922
0,923	0	2	54	0	2	4	0	1	49	0	1	0,923
0,924	0	2	56	0	2	6	0	1	51	0	1	0,924
0,925	0	2	58	0	2	7	0	1	52	0	1	0,925
0,926	0	3	0	0	2	9	0	1	53	0	1	0,926
0,927	0	3	3	0	2	10	0	1	55	0	1	0,927
0,928	0	3	5	0	2	12	0	1	56	0	1	0,928
0,929	0	3	7	0	2	13	0	1	57	0	1	0,929
0,930	0	3	9	0	2	15	0	1	58	0	1	0,930
0,931	0	3	11	0	2	16	0	1	60	0	1	0,931
0,932	0	3	13	0	2	18	0	2	1	0	1	0,932
0,933	0	3	15	0	2	19	0	2	2	0	1	0,933
0,934	0	3	17	0	2	21	0	2	4	0	1	0,934
0,935	0	3	19	0	2	22	0	2	5	0	1	0,935
0,936	0	3	21	0	2	24	0	2	6	0	1	0,936
0,937	0	3	23	0	2	25	0	2	7	0	1	0,937
0,938	0	3	25	0	2	27	0	2	9	0	1	0,938
0,939	0	3	27	0	2	28	0	2	10	0	1	0,939
0,940	0	3	29	0	2	30	0	2	11	0	1	0,940
0,941	0	3	31	0	2	31	0	2	13	0	2	0,941
0,942	0	3	33	0	2	32	0	2	14	0	2	0,942
0,943	0	3	35	0	2	34	0	2	15	0	2	0,943
0,944	0	3	37	0	2	35	0	2	16	0	2	0,944
0,945	0	3	39	0	2	37	0	2	18	0	2	0,945
0,946	0	3	41	0	2	38	0	2	19	0	2	0,946
0,947	0	3	43	0	2	40	0	2	20	0	2	0,947
0,948	0	3	45	0	2	41	0	2	21	0	2	0,948
0,949	0	3	47	0	2	42	0	2	23	0	2	0,949

LYS-tall	2 -4 m/s			4 - 6 m/s			6 - 8 m/s			8 - 12 m/s		LYS-tall
	tt	mm	ss	tt	mm	ss	tt	mm	ss	tt	mm	
0,950	0	3	49	0	2	44	0	2	24	0	2	0,950
0,951	0	3	51	0	2	45	0	2	25	0	2	0,951
0,952	0	3	53	0	2	47	0	2	26	0	2	0,952
0,953	0	3	55	0	2	48	0	2	28	0	2	0,953
0,954	0	3	57	0	2	49	0	2	29	0	2	0,954
0,955	0	3	59	0	2	51	0	2	30	0	2	0,955
0,956	0	4	1	0	2	52	0	2	31	0	2	0,956
0,957	0	4	3	0	2	54	0	2	33	0	2	0,957
0,958	0	4	5	0	2	55	0	2	34	0	2	0,958
0,959	0	4	7	0	2	56	0	2	35	0	2	0,959
0,960	0	4	9	0	2	58	0	2	36	0	2	0,960
0,961	0	4	11	0	2	59	0	2	37	0	2	0,961
0,962	0	4	13	0	3	1	0	2	39	0	2	0,962
0,963	0	4	15	0	3	2	0	2	40	0	2	0,963
0,964	0	4	17	0	3	3	0	2	41	0	2	0,964
0,965	0	4	19	0	3	5	0	2	42	0	2	0,965
0,966	0	4	21	0	3	6	0	2	44	0	2	0,966
0,967	0	4	23	0	3	8	0	2	45	0	2	0,967
0,968	0	4	24	0	3	9	0	2	46	0	2	0,968
0,969	0	4	26	0	3	10	0	2	47	0	2	0,969
0,970	0	4	28	0	3	12	0	2	48	0	2	0,970
0,971	0	4	30	0	3	13	0	2	49	0	2	0,971
0,972	0	4	32	0	3	14	0	2	51	0	2	0,972
0,973	0	4	34	0	3	16	0	2	52	0	2	0,973
0,974	0	4	36	0	3	17	0	2	53	0	2	0,974
0,975	0	4	38	0	3	18	0	2	54	0	2	0,975
0,976	0	4	40	0	3	20	0	2	55	0	2	0,976
0,977	0	4	42	0	3	21	0	2	57	0	2	0,977
0,978	0	4	43	0	3	22	0	2	58	0	2	0,978
0,979	0	4	45	0	3	24	0	2	59	0	2	0,979
0,980	0	4	47	0	3	25	0	3	0	0	2	0,980
0,981	0	4	49	0	3	26	0	3	1	0	2	0,981
0,982	0	4	51	0	3	28	0	3	2	0	2	0,982
0,983	0	4	53	0	3	29	0	3	4	0	2	0,983
0,984	0	4	55	0	3	30	0	3	5	0	2	0,984

LYS-tall	2 -4 m/s			4 - 6 m/s			6 - 8 m/s			8 - 12 m/s		LYS-tall
	tt	mm	ss	tt	mm	ss	tt	mm	ss	tt	mm	
0,985	0	4	56	0	3	32	0	3	6	0	2	0,985
0,986	0	4	58	0	3	33	0	3	7	0	2	0,986
0,987	0	5	0	0	3	34	0	3	8	0	2	0,987
0,988	0	5	2	0	3	36	0	3	9	0	2	0,988
0,989	0	5	4	0	3	37	0	3	11	0	2	0,989
0,990	0	5	6	0	3	38	0	3	12	0	2	0,990
0,991	0	5	7	0	3	40	0	3	13	0	2	0,991
0,992	0	5	9	0	3	41	0	3	14	0	2	0,992
0,993	0	5	11	0	3	42	0	3	15	0	2	0,993
0,994	0	5	13	0	3	43	0	3	16	0	2	0,994
0,995	0	5	15	0	3	45	0	3	17	0	2	0,995
0,996	0	5	17	0	3	46	0	3	19	0	3	0,996
0,997	0	5	18	0	3	47	0	3	20	0	3	0,997
0,998	0	5	20	0	3	49	0	3	21	0	3	0,998
0,999	0	5	22	0	3	50	0	3	22	0	3	0,999
1,000	0	5	24	0	3	51	0	3	23	0	3	1,000
1,001	0	5	25	0	3	52	0	3	24	0	3	1,001
1,002	0	5	27	0	3	54	0	3	25	0	3	1,002
1,003	0	5	29	0	3	55	0	3	26	0	3	1,003
1,004	0	5	31	0	3	56	0	3	28	0	3	1,004
1,005	0	5	33	0	3	58	0	3	29	0	3	1,005
1,006	0	5	34	0	3	59	0	3	30	0	3	1,006
1,007	0	5	36	0	4	0	0	3	31	0	3	1,007
1,008	0	5	38	0	4	1	0	3	32	0	3	1,008
1,009	0	5	40	0	4	3	0	3	33	0	3	1,009
1,010	0	5	41	0	4	4	0	3	34	0	3	1,010
1,011	0	5	43	0	4	5	0	3	35	0	3	1,011
1,012	0	5	45	0	4	6	0	3	36	0	3	1,012
1,013	0	5	47	0	4	8	0	3	37	0	3	1,013
1,014	0	5	48	0	4	9	0	3	39	0	3	1,014
1,015	0	5	50	0	4	10	0	3	40	0	3	1,015
1,016	0	5	52	0	4	11	0	3	41	0	3	1,016
1,017	0	5	54	0	4	13	0	3	42	0	3	1,017
1,018	0	5	55	0	4	14	0	3	43	0	3	1,018
1,019	0	5	57	0	4	15	0	3	44	0	3	1,019

LYS-tall	2 -4 m/s			4 - 6 m/s			6 - 8 m/s			8 - 12 m/s		LYS-tall
	tt	mm	ss	tt	mm	ss	tt	mm	ss	tt	mm	
1,020	0	5	59	0	4	16	0	3	45	0	3	1,020
1,021	0	6	1	0	4	18	0	3	46	0	3	1,021
1,022	0	6	2	0	4	19	0	3	47	0	3	1,022
1,023	0	6	4	0	4	20	0	3	48	0	3	1,023
1,024	0	6	6	0	4	21	0	3	49	0	3	1,024
1,025	0	6	7	0	4	22	0	3	50	0	3	1,025
1,026	0	6	9	0	4	24	0	3	52	0	3	1,026
1,027	0	6	11	0	4	25	0	3	53	0	3	1,027
1,028	0	6	13	0	4	26	0	3	54	0	3	1,028
1,029	0	6	14	0	4	27	0	3	55	0	3	1,029
1,030	0	6	16	0	4	28	0	3	56	0	3	1,030
1,031	0	6	18	0	4	30	0	3	57	0	3	1,031
1,032	0	6	19	0	4	31	0	3	58	0	3	1,032
1,033	0	6	21	0	4	32	0	3	59	0	3	1,033
1,034	0	6	23	0	4	33	0	4	0	0	3	1,034
1,035	0	6	24	0	4	35	0	4	1	0	3	1,035
1,036	0	6	26	0	4	36	0	4	2	0	3	1,036
1,037	0	6	28	0	4	37	0	4	3	0	3	1,037